

SATURDAY FEBRUARY 25th 2012

GREETINGS TEAM CDN !

ALL of you have helped in some way to make this our volunteer \$124,404 TEAM CDN! total (see attached) as we continue our own individual fitness for our10th Annual Ayden Byle TEAM CDN! GODERICH 5 mile DASH for DIABETES this SATURDAY June 30th 2012.

THANK YOU !

This year 2012 we celebrate our history from the WAR of 1812 and the following 200 years of friendship with our American cousins.

So this year 2012 , our volunteer TEAM CDN! Dash for Diabetes (D4D) 2012 theme is our ongoing war to fight diabetes and obesity in kids of all ages as we GROW this our local, volunteer , grassroots HURON/BRUCE concept where on a running/walking shoe string budget and no salaries or administration fees we raise funds and pledges for diabetes research and local area kids with diabetes.

95% of all monies raised through pledges go directly to UWO / ROBARTS Research for diabetes (see attached) who issue official tax receipts for \$20 and over ...and the remaining 5% of all funds go to our local area kids with diabetes in our HURON / BRUCE area to use as they see fit – no strings attached.

DIABETES is a a life sentence..... and we believe our annual 5 mile fun, family fitness walk, jog or run through beautiful but somewhat scarred GODERICH (owing to a devastating tornado this past August) is a unique, fun and special exercise and a tribute to the town of GODERICH – a beautiful community that cares !

And in the spirit of this year 2012, we CHALLENGE any and all other diabetic families and their own local communities to follow our lead and start their own TEAM CDN!or TEAM USA with TEAM CDN! 5 mile fun, family fitness DASH for DIABETES ... as together we wage our just war to fight diabetes and obesity in kids of all ages in every community !

If you, your family or company have “good ideas” that will help us GROW this year , please email us at curediabetesnow@sympatico.ca or contact our GODERICH managers Phil or Cathy Paquette at phpaquette@live.com or catpaquette@live.com . Phil and Cathy do a superb job in organizing our annual TEAM CDN! GODERICH Dash for Diabetes and Phil is a highly skilled MARATHON runner and GODERICH business executive working in partnership with Cathy.

We THANK the family of the late Hagood Hardy for giving us permission to use the hauntingly beautiful "THE HOMECOMING" as our theme music signature on our volunteer web site www.curediabetesnow.hurontel.on.ca and in all our promotions. Please take a second out to visit our volunteer web site to check out our 2012 material and hear our theme music signature.

Just before Christmas each year we present \$50 "random acts of kindness" cheques to each and every local area kid with diabetes in memory of the late Hagood Hardy who along with Ayden Byle inspired this our volunteer TEAM CDN! Dash for DIABETES !

In addition , Paul Beeston and the Toronto Blue Jays provided complimentary tickets for local area kids with diabetes and their families for a bus trip to a Toronto Blue Jay game this past September . Our TORONTO BLUE JAYS are now honorary members of our TEAM CDN! – thank you guys !

We also THANK our local HURONTEL for providing our web page , The ROYAL BANK OF CANADA (Goderich branch) for managing our CURE DIABETES NOW! / Dash for Diabetes trust account with no service charges, DUNDEE FINANCIAL for sponsoring our T shirts, Dave Sykes and the GODERICH SIGNAL STAR for supporting a young diabetic athlete Ayden Byle from Tiverton/Kincardine in his initial Dash for Diabetes across Canada in 1997 which inspired me and our immediate family dealing with diabetes and obesity to get involved with other diabetic families and friends centred on Port Albert, Goderich and Kincardine, GODERICH PRINT for creating our posters and last but not least a growing number of "quiet heroes" from Lucknow hockey legend Paul Henderson to Bobby Clark along with our "compassionate conservatives" MP Ben Lobb and MPP Lisa Thompson for their ongoing support and written recognition of our growing list of volunteers, participants and supporters.

A special thank you to Kevin Goldthorp of UWO/ROBARTS and his team for preparing our attached TEAM CANADA ! 2011 scorecard and for preparing all official tax receipts for \$20 and over pledges for our annual event each and every year !

We are also working on a special THANK YOU to my hometown GODERICH with the hope of finding a Corporate sponsor to match every dollar we raise in this our 10th annual TEAM CDN! 5 mile GODERICH Dash for Diabetes to match our 2012 total and that these matching Corporate funds would go toward a special TEAM CDN! TRUST for TREES for GODERICH as a small creative thank you from all of us to help replace the many beautiful GODERICH trees destroyed in last August devastating tornado ! WE cannot direct the wind but TOGETHER.... we can adjust our sails ! and rebuild ! and replace !

In closing , we remain a strictly fun loving, tree hugging, caring annual GODERICH event with a running/walking shoe string budget attempting to wage

WAR on diabetes and obesity in kids of all ages. POSTAGE is expensive so we ask your help to please visit our volunteer web site www.curediabetesnow.hurontel.on.ca and make it your own by emailing out our 2012 posters to all your own email contacts along with this email if you feel it is appropriate.

By doing so , YOU help us GROW this our/your “good idea” and in the process..... support a beautiful little town that cares !

THANK YOU for your participation as TOGETHER we dare to dream to “ cure diabetes now ! “

Best Regards,

Frank & Jennifer Gardiner & family.... & friends ...still passionately supporting our volunteer www.curediabetesnow.hurontel.on.ca
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